

*Surgical Expertise
you can trust*



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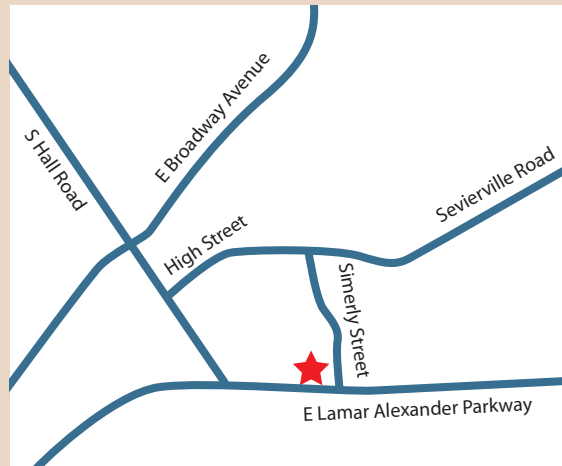
Since 2002, patients have lost a total of more than 25 tons as a result of surgical weight loss by our surgeons, Dr. Mark Colquitt and Dr. Jonathan Ray. Both surgeons are board certified by the American Board of Surgery and have been designated Bariatric Surgery Center of Excellence physicians by the American Society for Metabolic and Bariatric Surgery.



Foothills Weight Loss Specialists has been designated a Bariatric Surgery Center of Excellence by the American Society for Metabolic and Bariatric Surgery. The Center of Excellence designation recognizes surgical programs with a demonstrated track record of favorable outcomes in bariatric surgery and requires compliance with rigorous standards established by the Surgical Review Corporation.

Foothills Weight Loss Specialists

A Division of Premier Surgical Associates



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Foothills Weight Loss Specialists

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*Get back
on track*



If you've regained weight since gastric bypass surgery, a new procedure may help you get back on the track to weight loss.

Get back on track

Restorative “Incisionless” Obesity Surgery

On The Right Track... For Your Health

Have you regained weight since your gastric bypass surgery? The ROSE procedure may be able to help.

The ROSE procedure (Restorative Obesity Surgery, Endolumenal) provides an incisionless surgical option to restore gastric bypass patients’ anatomy to their original post-surgery size.

In the period since your original surgery, your stomach may have stretched out, reducing the feeling of fullness after you eat. The ROSE procedure restores the size of your stomach pouch and the stoma close to post-surgery proportions, without external incisions. Through the use of new surgical tools, surgeons can fold and suture the gastric pouch and reduce the diameter at the stoma working entirely through the mouth. Benefits of this procedure include:

- Less risk than traditional open or laparoscopic surgery
- Minimal post-operative pain
- Fast recovery time
- No scarring

Keeping your weight down after gastric bypass is vital to improve your health and to reduce the co-morbidities associated with obesity, such as Type II diabetes, heart disease, joint disease and respiratory conditions.



Foothills
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If you have regained weight since your initial gastric bypass surgery, visit www.foothillsweightloss.com to see if the ROSE procedure might be right for you.

ROSE Procedure Q&A

Who is eligible for the procedure?

Patients who were originally successful losing weight following gastric bypass and now find themselves regaining weight may be ideal candidates for this procedure. After an initial screening, you will undergo a series of evaluations including nutritional and dietary counseling, a full medical exam and endoscopy to determine if you are a good candidate.

What does the procedure entail?

The ROSE procedure is performed using a four-channel tube and special incisionless surgery tools inserted through the patient’s mouth and into the stomach pouch. The surgeon will then use tissue anchors creating multiple folds to reduce the diameter of the stoma and the volume of the stomach pouch. Patients opting for this procedure can expect:

- **Hospital stay** – You may be discharged the same day if the procedure is done early in the morning, or your surgeon may want you to stay overnight.
- **Side effects** – Patients normally feel little or no discomfort from the procedure. The most common reported side effect is a short-term sore throat.
- **Safety** – As with any surgery, there is risk involved, and since the ROSE procedure is new, long-term data are not yet available. However, this less-invasive approach should reduce the likelihood of many complications associated with the more common laparoscopic revision procedures.
- **Success rate** – Results vary with each patient, but most experience a renewed weight loss as they eat less because the early feeling of “fullness” returns.
- **Recovery** – Patients typically return to normal activity within a few days. Patients will be required to follow a post-procedure diet and exercise plan, similar to the regimen prescribed following initial bypass surgery, and to attend regular follow-up visits.